




	Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
Lil' Ninjas Age 3		3:30-4:00	5:15-5:45	5:40-6:10		
Lil' Dragons Ages 4- 6	5:40-6:25	5:40-6:25	5:55-6:40	3:00-3:45	9:40-10:25	
Elite Kids Ages 7 - 16 Basic Belts White, Yellow, & Orange Belts		4:30-5:30	3:00-4:00	4:30-5:30	10:30-11:30	
Elite Kids Ages 7 - 16 Basic/Intermediate White, Yellow, Orange Green, Camo, Purple	4:30-5:30	6:30-7:30	6:45-7:45		10:30-11:30	
Elite Kids Ages 7 - 16 Advance/Black Belt Blue Belt & up	6:30-7:30			6:15-7:15	10:30-11:30	
Family/Adult Taekwondo Class		7:30-9:00		7:30-9:00		
Kadena de Mano (Eskrima & Knife Defense)					8:00-9:30	
Birthday Party! Call to Schedule!					12:15-1:45	

*** We offer 30 minute Private Lessons for \$25 a session. Reach out to Mr. Sugar to schedule your time.**

***Please register/book your classes through our website.**

(502) 337-7179

advantagemartialartslouisville.com

michael.sugar@advantagetkd.com